

Don Bosco College Kohima

Department of Psychology

PROGRAMME OUTCOMES

PROGRAMME SPECIFIC OUTCOMES

COURSE OUTCOMES

B. A. Psychology

Programme Outcomes (POs)

The undergraduate students passing out from Don Bosco college, Kohima will be able;

PO1- To develop skills to live in the social world by understanding various psychological aspects and apply it in everyday life.

PO2- To understand and appreciate the influence of the brain on behavior and the neurological basis of psychological function and dysfunction.

PO3- To develop basic skills in conducting scientific research and use of graphical representation of data

PO4- To appreciate individual differences and develop the ability to apply knowledge of personality theories to self and others.

PO5- To acquire familiarity in using psychological instruments and tools with the ability to administer, analyze and interpret results from various psychological tools.

PO6- To identify strategies to manage and deal with real world problems

PO7- To understand and apply problem solving strategies, decision making skills and leadership in various organizations

PO8- To apply basic counseling techniques, understand its challenges and manage the mental health and well being of individuals.

PO9- To understand how environment and genetics contribute to the overall development of individuals and acquire familiarity to the Physical, Cognitive, Social and Moral aspects of human development.

Programme Specific Outcomes (PSOs)

PSO1- Students will be equipped with knowledge on foundational skills needed to be a Psychologist

PSO2- Students will gain an understanding of basic psychological processes

PSO3- Students will gain familiarity in conducting psychological experiments

PSO4- Students will develop an understanding of the basic concepts and applications of statistical knowledge on extensive scientific research methodologies

PSO5- Students will be able to gain knowledge on the various aspects of human development

PSO6- Students will be able to gain knowledge on the biological and neurological aspects of human behavior

PSO7- Students will be equipped with different approaches, process and ethical issues on counseling and enhance the capacity of real life applications

PSO8- Students will gain an understanding of the different perspectives of psychological thought

PSO9- Students will gain understanding of basic social psychological concepts and its application in various social settings

PSO10- Students will be equipped with the knowledge on the impact of behavior on our physical health and enhanced well being

PSO11- Students will gain understanding on different forms of psychopathology and classification system

PSO12- Students will gain knowledge on the concepts and practicals related to organizational behavior

Course Outcome	C-PSY-01	Introduction to Psychology	To introduce students to the basic concepts of the field of Psychology with an emphasis in applications of psychology in everyday life.
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Course Outcome	C-PSY-08	Statistical Methods for Psychological Research - II	To educate students with the techniques of Inferential statistics and hypothesis testing.
Course Outcome	C-PSY-10	Applied Social Psychology	To help students understand social problems and gain knowledge about intervention strategies.
Course Outcome	C-PSY-14	Counselling Psychology	To develop an understanding of basic concepts, processes, approaches and applications along with the contemporary trends in Counselling.
Course Outcome	Skill Enhancement Course	Stress Management	<ul style="list-style-type: none"> -To demonstrate a personal approach to stress management by applying techniques learned in class. -To describe physiological responses to stress and how they can be helped by stress reduction techniques -Learners will learn how to handle their stress in a more healthy and effective way.
Course Outcome	C-PSY-05	Psychological Research	<ul style="list-style-type: none"> -To inform the students about the basic methodology in psychological research. -To familiarise learners with the concepts of psychological testing.

Course Outcome	C-PSY-02	Biopsychology	<ul style="list-style-type: none"> -To explore the biological basis of experiences and behaviour. -To develop an understanding of the influence of behaviour, cognition and the environment on bodily system. -To develop an appreciation of the neurological basis of psychological function and dysfunctions.
Course Outcome	C-PSY-03	Psychology of Individual Differences	To develop an understanding of the concept of individual differences with the goal to promote self-reflection and understanding of self and others.
Course Outcome	C-PSY-11	Understanding Psychological Disorders	<ul style="list-style-type: none"> -To provide an overview about the concepts of abnormality and the clinical picture and dynamics of various psychological disorders. -To sensitize the students on psychopathology and dispel myths regarding it.
Course Outcome	C-PSY-15	Positive Psychology	To introduce the basics concepts of the growing approach of positive psychology and its applications in various domains
Course Outcome	C-PSY-16	Media Psychology	<ul style="list-style-type: none"> -To provide an understanding of the field of Media Psychology -To understand the effects of media on behaviour.

Course Outcome	Value Based Courses	Comprehensive sexual health education	-To psychoeducate the learners in detail about the reproductive system of the human body and sexual health education.
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